

***Southern Region Emergency Medical Services Council, Inc
Anchorage, Alaska 99507-www.sremsc.org***

Public Service Announcement

Backpack Safety

It's important to be sure that your child doesn't carry more than 15% of his or her body weight in his backpack.

Check your child's backpack each day and be sure that each of the items are necessary to the day's activities. Protect your child's back.

Pack it Light, Wear it Right.

Emergency Medical Services: Help starts with you!

***This message brought to you by Southern Region EMS Council and
your local EMS personnel.***