



How Do I Become an AHA[®] Instructor?

1. Instructor Course

Complete the AHA[®] Core Course online or with the CD. Print the certificate of completion.

♥ The SREMSC AHA[®] Training Center sells the *Core Course* (80-1050) for \$37.50. This includes the Instructor Candidate workbook as well as a voucher for those taking the course online. It also includes a CD for taking the Core Course with the computer based method (for those who live in areas without broadband connection). The CD is also good for reviewing the Core Course contents.

♥ We have found that it takes from 4 to 8 hours to complete the Core Instructor Course.

♥ **Please Note:** The Core Course is taken once. The certificate of completion can be used for any or all of the following program-specific Instructor courses: *HS Instructor*, *BLS Instructor*, *ACLS Instructor*, and/or *PALS Instructor*.

2. Align

Present the certificate of completion to the AHA[®] Training Center with which you plan to align.

♥ The SREMSC AHA[®] TC is accepting new AHA[®] instructors at this time. Contact Nadine at (907) 562-6449 or nrohrick@sremsc.org to receive the appropriate alignment paperwork to submit. This paperwork includes the Core Instructor certificate of completion and appropriate provider card. There is no cost to align with the SREMSC AHA[®] Training Center.

3. Orientation Course

Take and complete the appropriate program-specific orientation course.

♥ In addition to the Core Instructor Course certificate of completion, you will also need the appropriate current Provider Card for the *HS Orientation* or the *BLS Orientation*:

- *Heartsaver Instructor = AHA[®] Heartsaver First Aid Provider*, *ARC[®] Adult CPR/AED with First Aid plus Child/Infant CPR*, or any combination of courses that provide the following skills:

- Adult/child CPR, AED, mask use, and choking
- Infant CPR, mask use, and choking
- First Aid

- *BLS Instructor = AHA[®] Healthcare Provider* or *ARC[®] CPR/AED for the Professional Rescuer*.

The SREMSC AHA[®] TC Program Specific Orientation Courses Schedule

♥ **HS Orientation Course:** Scheduled as able. Need 4 to 6 candidates to schedule the course. Approximate Cost: \$225

♥ **BLS Orientation Course:** Scheduled as able. Need 4 to 6 candidates to schedule the course. Approximate Cost: \$200

♥ **ACLS Orientation Course** or ♥ **PALS Orientation Course**

Contact Nadine at (907) 562-6449 or nrohrick@sremsc.org for more information.

The AHA[®] Program Specific Orientation Courses include:

♥ ***HS Instructor*** (*Heartsaver* and *Family & Friends*): At the completion of this course, you will be able to instruct providers in the following classes appropriate for the community or workplace:

- Family & Friends CPR
- Family & Friends First Aid for Children
- Heartsaver CPR in Schools
- Heartsaver CPR
- Heartsaver AED
- Heartsaver First Aid
- Heartsaver Pediatric First Aid

- ♥ *BLS Instructor (Basic Life Support)* : At the completion of this course, you will be able to instruct initial and renewing healthcare providers in the *BLS for Healthcare Provider* course, as well as the HS and F&F courses listed above.
- ♥ *ACLS Instructor (Advanced Cardiovascular Life Support)*: At the completion of this course, you will be able to instruct initial and renewing healthcare providers in the *ACLS Provider* course.
- ♥ *PALS Instructor (Pediatric Advanced Life Support)*: At the completion of this course, you will be able to instruct initial and renewing healthcare providers in the *PALS Provider* course.

4. Monitor

Teach the Program Specific course with Training Center Faculty present to monitor and assist.

- ♥ Contact Nadine at (907) 562-6449 or nrohrick@sremsc.org to make arrangements for this step.